

West Green Primary PE Progression

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Team/competitive games (attacking and defending for KS2)							
	<p>Begin to apply basic movements in a range of activities. Work individually and with others. Engage in cooperative physical activities.</p>	<p>Begin to apply basic movements in a range of activities. Work individually and with others. Engage in competitive physical activities (both against self and against others)</p>	<p>Engage in competitive physical activities (both against self and against others) Developing simple tactics for attacking and defending. Participate in team games. Understand how to use equipment safely. Able to reflect on and develop skills to improve.</p>	<p>Pupils are familiar with basic rules of games and understand their role as an attacker and as a defender. They are beginning to apply them in a range of situations e.g. moving into a space to help support a team. Pupils can identify when they are successful and the next steps in their learning. Pupils are able to identify the sporting spirit values and can give examples of when they could demonstrate them during a game situation.</p>	<p><i>As in Year 3 for competitive games.</i></p> <p>Pass, receive and shoot the ball with increasing control. Work as part of a team to keep possession and score goals when attacking. Defend one on one and know when and how to win the ball. Use simple tactics to help a team score or gain possession.</p>	<p>Pupils are able to show a good understanding of a variety of games. They can adapt the rules of a game for an intended purpose. Pupils are able to assess their own performance and the performance of others to identify areas for development. Pupils consistently demonstrate the sporting spirit values in a range of games situations</p>	<p><i>As in Year 5 for competitive games.</i></p> <p>Pass, receive and shoot the ball with increasing control under pressure. Create and use a variety of tactics to help a team. Create and use space to help a team. Select and apply different movement skills to lose a defender. Use marking, and/or interception to improve defending.</p>